BODYBULDING FIT BODY & FIGURE

Date: Saturday, April 18, 2015

CHAMPIONSHIPS

Place: Monona Grove High School, EF Schwan Performing Arts Center, 4400 Monona Drive, Madison, Wisconsin

Schedule: Check-in 10:00-11:00am (sharp); Pre-judging 12:00 Noon; Finals: 6:00pm (free-posing and awards)

Entry Deadline: Entries must be postmarked by April 4, 2015. ABSOLUTELY NO LATE ENTRIES!

Entry Fee: \$50.00 for each division—not refundable. Mail entry form and fee to Ford's Gym, 2114 Winnebago Street, Madison, WI 53704. Contest Director: Ford Sheridan 608-249-4227

Posing: Bodybuilding-mandatory poses and symmetry at pre-judging; maximum 60-second free posing at finals. Figure-standard quarter turn comparisons and T-walk at pre-judging and finals. Fit Body-five mandatory poses at pre-judging and finals.

Eligibility: Registered WNBF athletes only. WNBF cards will be available at check-in for \$60.00

Testing: Contestants must be free of strength and growth inducing drugs and prescription diuretics for 7-years prior to the contest. All contestants will be tested by polygraph and/or urinalysis. Contestants will pay a testing fee of \$50.00 directly to the tester at the time of the test. All results will be final. If you are unsure of banned substances please visit the WNBF website www.worldnaturalbb.com or call Ford at 608-249-4227.

Awards: 1st through 5th place in each class. Best Posing routine awards for Men's and Women's bodybuilding. The men's and women's open division overall bodybuilding champions, fit body and figure champions will receive a WNBF professional card, provided there are at



www.fordsgym.com



WNBF Pro-Qualifier: Overall Champions are eligible to compete as WNBF Professionals

| Hones | 151 | Henri | 151 |

Holiday Inn at the American Center 608-249-4220

Ask for Bodybuilding Group for special rates.

ORDER TICKETS

ENTRY FORM

☐ WHEELCHAIR BODYBUILDING

Signature

least five competitors in the division.

Nar	me:		Age:
Stre	eet:		
City:		S	tate:Zip:
Cell Phone: ()Sec		cond	Phone: ()
Ema	ail:		
Div	ision: Check one for each entry fee	subm	itted
	MEN'S FIGURE Open Figure - Height Master Figure 40 and Over MEN'S FIT BODY Open Fit Body - Height	ME	N'S OPEN BODYBUILDING Bantamweight 150lbs and under Lightweight 150.25 to 165lbs. Middleweight 165.25 to 176lbs. Light Heavyweight 176.25 to 190lbs. Heavyweight 190.25 lbs and over
WOMEN'S OPEN BODYBUILDING		MA	STERS BODYBUILDING
	Lightweight under 120 lbs Heavyweight 120 lbs and over		Men's Masters 40 and Over Men's Masters 50 and Over Men's Grand Masters 60 and Over
TEEN BODYBUILDING (age 13-19)			Women's Masters 40 and Over
	Men's Teenage Women's Teenage		Women's Masters 50 and Over Women's Grand Masters 60 and Over
	<u> </u>	_	

Classes may be adjusted at the discretion of the contest director based on the entries.

RELEASE FROM LIABILITY—Read this release carefully, when you sign it you will be giving up important legal rights. In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators assume all responsibility for injuries I may incur as a direct or indirect result of my participation in this event and waive and release any and all rights and claims for losses and damages I may have against the WNBF, Monona Grove School District, participating sponsors, Ford's Gym, Inc. their employees or assistants, their directors or agents for any and all injuries suffered by me in this event. I further attest that I am physically fit and have trained sufficiently for this event and have not at any time during this preceding eighty-four (84) calendar months engaged in the personal use of anabolic steroids or other growth oriented drugs in any form or manner whatsoever. I further agree to abide by all decisions of the contest director and declare that all of the information contained herein is to the best of my knowledge true, correct and complete. Also, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or other record of this event for any purpose whatsoever.

Parent or Guardian if not 18

Date

Street:			
City:			
State:Zip:			
Phone: ()			
Reserved Seating (best seats available):			
Indicate number of ticke	ts		
	Advanced	Day-of-sho	
Prejudging	\$7.00	\$8.00	
Finals	\$16.00	\$17.00	
All day package	\$22.00	\$24.00	
General Admission:			
Indicate number of ticke	ts		
	Advanced	Day-of-show	
Prejudging	\$6.00	\$7.00	
Finals	\$14.00	\$15.00	
All day package	\$19.00	\$21.00	
Total number o	of tickets		